



# MAHOWALD CHEER ZONES

Mahowald Cheer Zones are part of the CentraCare Earth Day Run weekend, April 21-22, 2023. The cheer zones will be hosted along the entire half marathon course, which starts and ends in downtown St. Cloud on Saturday morning, April 22.

All applications will be reviewed, and the Earth Day Run committee will select 5 groups to participate in this year's cheer zone areas. Groups must be a charitable organization (sports team, non-profit, etc.), raising money and support for their cause as part of this cheer zone. Selected groups will automatically receive a \$500 stipend towards their organization. After the race, runners will be asked to vote for the most motivating Cheer Zone, and the winning group will receive an additional \$1000.

## Requirements:

- Groups will be given a cheer zone area which they will be allowed to set up next to the half marathon course and make it as festive and fun as possible.
- Groups must be in place before the first runners arrive and can break down their cheer zone when cleared by the Earth Day Run staff or at 11:30AM.
- Groups must have a minimum of 10 participants (we encourage 20+!)
- There is no power on the course, but music, instruments, flare, and high fives are all encouraged. You are permitted to bring your own power source/ generator.
- Clearly represent your organization for ease of voting (signage, costumes, etc.)

# MAHOWALD CHEER ZONE 2023 APPLICATION

Application Deadline is March 24,2023. Submit to [rw.mahowald@mahowald.net](mailto:rw.mahowald@mahowald.net)

Name of organization represented: \_\_\_\_\_

Main contact name: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Briefly tell us about your organization and how the cheer zone can help:

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CHEER ZONE WAIVER: I recognize that presence at and involvement with this event have a certain degree of risk, and I knowingly and voluntarily assume the risk, whether expected or unexpected, of any injuries regardless of severity, including death, and all risk of damage to or loss of property which myself or any member participating as part of my cheer zone may incur due to any act of negligence or accidental occurrences while I am participating in the Earth Day Run activities. I voluntarily assume the risk of any and all means of transportation utilized in relationship to the Earth Day Run activities and understand that any-one participating in my cheer zone group assumes all of these risks as well and will be communicated to them. I am not required to participate in this event/activity. My participation is wholly voluntary. I am aware of the dangers and the risks to my person and property involved in participating in this event/activity, and that I should not enter and participate unless I am medically able and properly trained. Risks associated with my participation in this event/activity include, but are not limited to, falls, contact with other participants, effect of weather, traffic, and conditions of the road. All such risks are known and understood by me.

Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Email completed application to Bob Mahowald at [rw.mahowald@mahowald.net](mailto:rw.mahowald@mahowald.net)



ORTHOPEDICS



**EARTH DAY RUN**

HALF MARATHON, RELAY, 5K & KIDS' 1K  
APRIL 21-22, 2023 | ST. CLOUD, MN